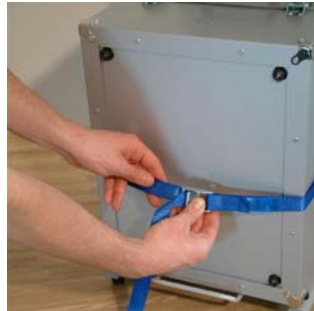



# How to use the Lapstar\*



**START**  Place box and trolley on a stable table; separate the box from trolley; put the trolley in the desired position and place trolley handle in top position

Take cover from the box and put it on the trolley handle



Make sure it slides over the grip properly

Take sleeve, cover plate and foam out of the box

Place the desired exercise on the bottom of the box, put foam and cover back in position

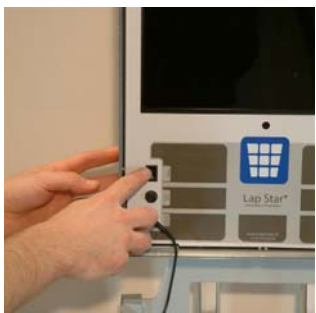


Carefully punch a hole for the camera; remove wrap by unlocking security clip. Push the camera gently through the bracket and foam; connect the camera to the monitor

Take adapter and plug out of sleeve; connect adapter to monitor and a wall socket connected to ground

**-Service and warranty-**

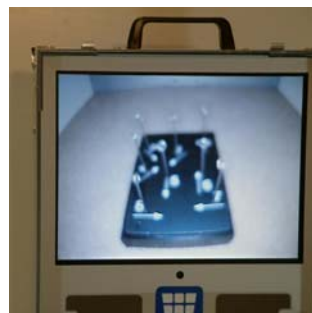
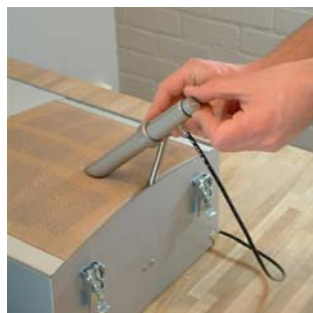
\*A certified engineer must do all service to the system. If any service is required you should contact your dealer first. Your dealer will care for any service, modification or repair on the system. \*If any services, modifications or repairs are done by the end-user (without permission of the dealer) or another third-party, warranty will void. \*This system operates on a 230V/50Hz charge. Be sure that the system is set up in a dry environment. Prevent water or moisture getting in the Lap Star box. \*Always use a power point which is connected to ground. \*When you do not use the system, be sure it is stored in a dry and ventilated room. \*We advise to deliver the system to your dealer for service every once a year. During the service the system will be checked for operation, safety and any possible wear.



Put switch in 'on' position



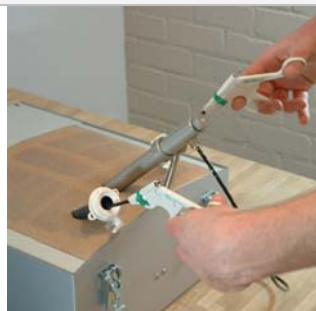
Aim camera towards the exercise block; adjust focus wheel on back of the camera to obtain a sharp image on the monitor



Adjust wheel on monitor for desired lighting



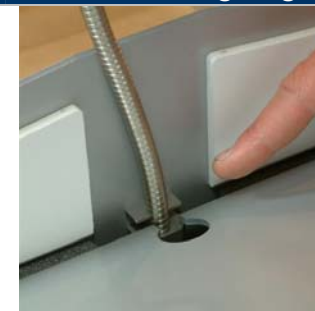
Carefully punch a hole left and a hole right from the camera; insert both tools



The Lap Star is ready for your training



After use; first switch off monitor; disconnect and pack everything in opposite way as with installation



Make sure cover plate hooks into recess



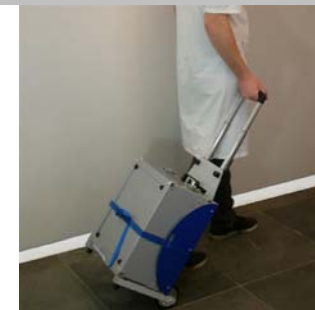
Make sure cover plate locks into place



Put the sleeve on top of cover plate; bend camera mount on top of sleeve; place cover on box



Place box diagonally on trolley; make sure the cover is fased towards the trolley; firmly tighten belt



The Lap Star is ready for transport

**-About this manual-**

All the specifications, construction specifications, way of act and illustrations in this manual are not strictly. We have the right to make an alternation to the manual without any announcement.